

Psalm 119

1 Aleph

- 1 Blessed those whose way is pure *
who walk in the law of the Lord.
- 2 Blessed are those who keep his testimonies *
and seek him with their whole heart,
- 3 Those who do no wickedness, *
but walk in his ways.
- 4 You, O Lord, have charged *
that we should diligently keep your commandments.
- 5 O that my ways were made so direct *
that I might keep your statutes.
- 6 Then should I not be put to shame, *
because I have regard for all your commandments.
- 7 I will thank you with an unfeigned heart, *
when I have learned your righteous judgements.
- 8 I will keep your statutes; *
O forsake me not utterly.

2 Beth

- 9 How shall young people cleanse their way *
to keep themselves according to your word?
- 10 With my whole heart have I sought you; *
O let me not go astray from your commandments.
- 11 Your words have I hidden within my heart, *
that I should not sin against you.
- 12 Blessed are you, O Lord; *
O teach me your statutes.
- 13 With my lips have I been telling *
of all the judgements of your mouth.
- 14 I have taken greater delight in the way of your testimonies *
than in all manner of riches.
- 15 I will meditate on your commandments *
and contemplate your ways.
- 16 My delight shall be in your statutes *
and I will not forget your word.

[Psalm 119]

3 Gimel

- 17 O do good to your servant that I may live, *
and so shall I keep your word.
- 18 Open my eyes, that I may see *
the wonders of your law.
- 19 I am a stranger upon earth; *
hide not your commandments from me.
- 20 My soul is consumed at all times *
with fervent longing for your judgements.
- 21 You have rebuked the arrogant; *
cursed are those who stray from your commandments.
- 22 Turn from me shame and rebuke, *
for I have kept your testimonies.
- 23 Rulers also sit and speak against me, *
but your servant meditates on your statutes.
- 24 For your testimonies are my delight; *
they are my faithful counsellors.

4 Daleth

- 25 My soul cleaves to the dust; *
O give me life according to your word.
- 26 I have acknowledged my ways and you have answered me; *
O teach me your statutes.
- 27 Make me understand the way of your commandments, *
and so shall I meditate on your wondrous works.
- 28 My soul melts away in tears of sorrow; *
raise me up according to your word.
- 29 Take from me the way of falsehood; *
be gracious to me through your law.
- 30 I have chosen the way of truth *
and your judgements have I laid before me.
- 31 I hold fast to your testimonies; *
O Lord, let me not be put to shame.
- 32 I will run the way of your commandments, *
when you have set my heart at liberty.

[Psalm 119]

5 He

- 33 Teach me, O Lord, the way of your statutes *
and I shall keep it to the end.
- 34 Give me understanding and I shall keep your law; *
I shall keep it with my whole heart.
- 35 Lead me in the path of your commandments, *
for therein is my delight.
- 36 Incline my heart to your testimonies *
and not to unjust gain.
- 37 Turn away my eyes lest they gaze on vanities; *
O give me life in your ways.
- 38 Confirm to your servant your promise, *
which stands for all who fear you.
- 39 Turn away the reproach which I dread, *
because your judgements are good.
- 40 Behold, I long for your commandments; *
in your righteousness give me life.

6 Waw

- 41 Let your faithful love come unto me, O Lord, *
even your salvation, according to your promise.
- 42 Then shall I answer those who taunt me, *
for my trust is in your word.
- 43 O take not the word of truth utterly out of my mouth, *
for my hope is in your judgements.
- 44 So shall I always keep your law; *
I shall keep it for ever and ever.
- 45 I will walk at liberty, *
because I study your commandments.
- 46 I will tell of your testimonies, even before kings, *
and will not be ashamed.
- 47 My delight shall be in your commandments, *
which I have greatly loved.
- 48 My hands will I lift up to your commandments, which I love, *
and I will meditate on your statutes.

[Psalm 119]

7 Zayin

- 49 Remember your word to your sérvant, *
on which you have built my hópe.
- 50 This is my comfort in my tróuble, *
that your promise gives me lífe.
- 51 The proud have derided me crúelly, *
but I have not turned aside from your l'aw.
- 52 I have remembered your everlasting judgements, Ó L'ord, *
and have been cómforted.
- 53 I am seized with indignation at the wícked, *
for they have forsaken your l'aw.
- 54 Your statutes have been like s'ongs to me *
in the house of my pílgrimage.
- 55 I have thought on your name in the night, Ó L'ord, *
and so have I kept your l'aw.
- 56 These blessings have been míne, *
for I have kept your cómm'andments.

8 Heth

- 57 You only are my portíon, Ó L'ord; *
I have promised to keep your w'ords.
- 58 I entreat you with all my héart, *
be merciful to me according to your prómise.
- 59 I have considered my w'ays *
and turned my feet back to your téstimonies.
- 60 I made haste and did not déláy *
to keep your cómm'andments.
- 61 Though the cords of the wícked ent'angle me, *
I do not forgét your l'aw.
- 62 At midnight I will rise to give you thánks, *
because of your ríghteous júdgements.
- 63 I am a companion of all those who féar you, *
those who keep your cómm'andments.
- 64 The earth, O Lord, is full of your fáithful l'ove; *
instruct me in your státutes.

[Psalm 119]

9 Teth

- 65 You have dealt graciously with your servant, *
according to your word, O Lord.
- 66 O teach me true understanding and knowledge, *
for I have trusted in your commandments.
- 67 Before I was afflicted I went astray, *
but now I keep your word.
- 68 You are gracious and do good; *
O Lord, teach me your statutes.
- 69 The proud have smeared me with lies, *
but I will keep your commandments with my whole heart.
- 70 Their heart has become gross with fat, *
but my delight is in your law.
- 71 It is good for me that I have been afflicted, *
that I may learn your statutes.
- 72 The law of your mouth is dearer to me *
than a hoard of gold and silver.

10 Yodh

- 73 Your hands have made me and fashioned me; *
give me understanding, that I may learn your commandments.
- 74 Those who fear you will be glad when they see me, *
because I have hoped in your word.
- 75 I know, O Lord, that your judgements are right, *
and that in very faithfulness you caused me to be troubled.
- 76 Let your faithful love be my comfort, *
according to your promise to your servant.
- 77 Let your tender mercies come to me, that I may live, *
for your law is my delight.
- 78 Let the proud be put to shame, for they wrong me with lies; *
but I will meditate on your commandments.
- 79 Let those who fear you turn to me, *
even those who know your testimonies.
- 80 Let my heart be sound in your statutes, *
that I may not be put to shame.

[Psalm 119]

11 Kaph

- 81 My soul is pining for your salvation; *
I have hoped in your word.
- 82 My eyes fail with watching for your word, *
while I say, 'O when will you comfort me?'
- 83 I have become like a wineskin in the smoke, *
yet I do not forget your statutes.
- 84 How many are the days of your servant? *
When will you bring judgement on those who persecute me?
- 85 The proud have dug pits for me *
in defiance of your law.
- 86 All your commandments are true; *
help me, for they persecute me with falsehood.
- 87 They had almost made an end of me on earth, *
but I have not forsaken your commandments.
- 88 Give me life according to your loving-kindness; *
so shall I keep the testimonies of your mouth.

12 Lamedh

- 89 O Lord, your word is everlasting; *
it ever stands firm in the heavens.
- 90 Your faithfulness also remains from one generation to another; *
you have established the earth and it abides.
- 91 So also your judgements stand firm this day, *
for all things are your servants.
- 92 If your law had not been my delight, *
I should have perished in my trouble.
- 93 I will never forget your commandments, *
for by them you have given me life.
- 94 I am yours, O save me! *
For I have sought your commandments.
- 95 The wicked have waited for me to destroy me, *
but I will meditate on your testimonies.
- 96 I have seen an end of all perfection, *
but your commandment knows no bounds.

[Psalm 119]

13 Mem

- 97 Lord, how I love your law! *
All the day long it is my study.
- 98 Your commandments have made me wiser than my enemies, *
for they are ever with me.
- 99 I have more understanding than all my teachers, *
for your testimonies are my meditation.
- 100 I am wiser than the aged, *
because I keep your commandments.
- 101 I restrain my feet from every evil way, *
that I may keep your word.
- 102 I have not turned aside from your judgements, *
for you have been my teacher.
- 103 How sweet are your words on my tongue! *
They are sweeter than honey to my mouth.
- 104 Through your commandments I get understanding; *
therefore I hate all lying ways.

14 Nun

- 105 Your word is a lantern to my feet *
and a light upon my path.
- 106 I have sworn and will fulfil it, *
to keep your righteous judgements.
- 107 I am troubled above measure; *
give me life, O Lord, according to your word.
- 108 Accept the freewill offering of my mouth, O Lord, *
and teach me your judgements.
- 109 My soul is ever in my hand, *
yet I do not forget your law.
- 110 The wicked have laid a snare for me, *
but I have not strayed from your commandments.
- 111 Your testimonies have I claimed as my heritage for ever; *
for they are the very joy of my heart.
- 112 I have applied my heart to fulfil your statutes: *
always, even to the end.

[Psalm 119]

15 Samekh

- 113 I hate those who are double-minded, *
but your law do I love.
- 114 You are my hiding place and my shield *
and my hope is in your word.
- 115 Away from me, you wicked! *
I will keep the commandments of my God.
- 116 Sustain me according to your promise, that I may live, *
and let me not be disappointed in my hope.
- 117 Hold me up and I shall be saved, *
and my delight shall be ever in your statutes.
- 118 You set at nought those who depart from your statutes, *
for their deceiving is in vain.
- 119 You consider all the wicked as dröss; *
therefore I love your testimonies.
- 120 My flesh trembles for fear of you *
and I am afraid of your judgements.

16 Ayin

- 121 I have done what is just and right; *
O give me not over to my oppressors.
- 122 Stand surety for your servant's good; *
let not the proud oppress me.
- 123 My eyes fail with watching for your salvation *
and for your righteous promise.
- 124 O deal with your servant according to your faithful love *
and teach me your statutes.
- 125 I am your servant; O grant me understanding, *
that I may know your testimonies.
- 126 It is time for you to act, O Lord, *
for they frustrate your law.
- 127 Therefore I love your commandments *
above gold, even much fine gold.
- 128 Therefore I direct my steps by all your precepts, *
and all false ways I utterly abhor.

[Psalm 119]

17 Pe

- 129 Your testimonies are wonderful; *
therefore my soul keeps them.
- 130 The opening of your word gives light; *
it gives understanding to the simple.
- 131 I open my mouth and draw in my breath, *
as I long for your commandments.
- 132 Turn to me and be gracious to me, *
as is your way with those who love your name.
- 133 Order my steps by your word, *
and let no wickedness have dominion over me.
- 134 Redeem me from earthly oppressors *
so that I may keep your commandments.
- 135 Show the light of your countenance upon your servant *
and teach me your statutes.
- 136 My eyes run down with streams of water, *
because the wicked do not keep your law.

18 Tsadhe

- 137 Righteous are you, O Lord, *
and true are your judgments.
- 138 You have ordered your decrees in righteousness *
and in great faithfulness.
- 139 My indignation destroys me, *
because my adversaries forget your word.
- 140 Your word has been tried to the uttermost *
and so your servant loves it.
- 141 I am small and of no reputation, *
yet do I not forget your commandments.
- 142 Your righteousness is an everlasting righteousness *
and your law is the truth.
- 143 Trouble and heaviness have taken hold upon me, *
yet my delight is in your commandments.
- 144 The righteousness of your testimonies is everlasting; *
O grant me understanding and I shall live.

[Psalm 119]

19 Qoph

- 145 I call with my whole heart; *
answer me, O Lord, that I may keep your statutes.
- 146 To you I call, O save me! *
And I shall keep your testimonies.
- 147 Early in the morning I cry to you, *
for in your word is my trust.
- 148 My eyes are open before the night watches, *
that I may meditate on your word.
- 149 Hear my voice, O Lord, according to your faithful love; *
according to your judgement, give me life.
- 150 They draw near that in malice persecute me, *
who are far from your law.
- 151 You, O Lord, are near at hand, *
and all your commandments are true.
- 152 Long have I known of your testimonies, *
that you have founded them for ever.

20 Resh

- 153 O consider my affliction and deliver me, *
for I do not forget your law.
- 154 Plead my cause and redeem me; *
according to your promise, give me life.
- 155 Salvation is far from the wicked, *
for they do not seek your statutes.
- 156 Great is your compassion, O Lord; *
give me life, according to your judgements.
- 157 Many there are that persecute and oppress me, *
yet do I not swerve from your testimonies.
- 158 It grieves me when I see the treacherous, *
for they do not keep your word.
- 159 Consider, O Lord, how I love your commandments; *
give me life according to your loving-kindness.
- 160 The sum of your word is truth, *
and all your righteous judgements endure for evermore.

[Psalm 119]

21 *Shin*

161 Princes have persecuted me without a cause, *
but my heart stands in awe of your word.

162 I am as glad of your word *
as one who finds great spoils.

163 As for lies, I hate and abhor them, *
but your law do I love.

164 Seven times a day do I praise you, *
because of your righteous judgements.

165 Great peace have they who love your law; *
nothing shall make them stumble.

166 Lord, I have looked for your salvation *
and I have fulfilled your commandments.

167 My soul has kept your testimonies *
and greatly have I loved them.

168 I have kept your commandments and testimonies, *
for all my ways are before you.

22 *Taw*

169 Let my cry come before you, O Lord; *
give me understanding, according to your word.

170 Let my supplication come before you; *
deliver me, according to your promise.

171 My lips shall pour forth your praise, *
when you have taught me your statutes.

172 My tongue shall sing of your word, *
for all your commandments are righteous.

173 Let your hand reach out to help me, *
for I have chosen your commandments.

174 I have longed for your salvation, O Lord, *
and your law is my delight.

175 Let my soul live and it shall praise you, *
and let your judgements be my help.

176 I have gone astray like a sheep that is lost; *
O seek your servant, for I do not forget your commandments.