

Bernard Bangley (Ed)  
**By Way of the Desert - *Meditations from the Silent Wilderness***  
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Whether you read this book as it is intended, taking a set reading each day of the year, or dipping in and out at random, you will find here a wealth of wisdom in these freshly paraphrased sayings of the desert fathers and mothers. Each saying is accompanied by a small portion of scripture; at the end of each daily reading a single simple phrase has been selected to be reflected upon, a phrase which provides food for thought, a challenge to change, and the ground for relationship with God to grow. It is a book which can be used profitably time and time again.

***Benedict SSF***